

March 2023

### Message from the CEO



We had an incredibly productive board retreat earlier this month at The Swope Cafe. We were joined by United Way of Kentucky staff, including President Kevin T. Middleton and Director of Development Roberta Steutermann. Our board members left feeling inspired and ready to promote real change through strong partnerships. Together, we will continue spreading the word about all the important work we do at UWCK!

### UWCK Makes a Donation to Feeding America - Kentucky's Heartland!

Many people are still recovering following the damaging winds that knocked out power across the state in early March. UWCK made a \$10,000 donation to Feeding America, Kentucky's Heartland in an effort to help provide perishable foods including meat, eggs, milk, and more to families in need who lost power during the windstorm. UWCK has provided nearly 15,000 meals to families in need in the community in the last year.

Watch the full segment on Fox 56



The Front Porch: UWCK Community Garden

The Front Porch at UWCK is a series of community events, activities and projects intended to build community and be replicated across the region. The UWCK Community Garden, which was constructed last year, builds community, and emphasizes health, education and



regularly. Sign up here

financial stability.

#### To get involved in our garden:

Join our United Way of Central Kentucky Community Garden Facebook Group to stay posted on upcoming events and opportunities.

Become a member of our Community Garden Group and help us plant, tend and harvest the garden

## #CreatingCommunity Video: Helping Hand of Hope

In this installment of our #CreatingCommunity video series, we spoke with Helping Hand of Hope's Executive Director, Hope Burke, about her organization's partnership with UWCK. Watch here.



Helping Hand of Hope is currently seeking donations for their food pantry campaign amid recent windstorms. Fellow local nonprofit Give 270 will match up to \$2,500 donated toward the nonprofit's food pantry campaign this month, and the campaign will run through mid-April.

**Please Donate** 

### Join Us for Free Yoga at UWCK Every Saturday in April!



Rachel is bringing back FREE yoga every Saturday in April. Join us from 9:30 to 11am at United Way of Central Kentucky.

To save your spot, contact Rachel at rwatkins@unitedwayck.org

United Way allows me the opportunity to give back to the community and improve the lives of others.

### **SEAN CLINNING**

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UWCK BOARD MEMBER





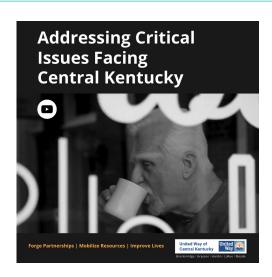
#CREATING COMMUNITY

# Watch Our Latest Video

UWCK is committed to addressing the issues facing our region. Find out how you can make a difference.

Credit to our featured partners: Helping Hand of Hope, Grayson County Schools and Grayson County Alliance.

**Watch Now** 



United Way of Central Kentucky | (270) 737 - 6608 | unitedwayck.org

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